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- 1 **Altaration: How do we get Catholic teens to appreciate the Mass.** DVDS, five sessions leaders' guide, student book Ascension Press, several authors, Copyright 2010.
- 2 **The Gift:** Provides comprehensive system to incorporate the Theology of the Body into our lives. Morality formation,. DVD, leaders guide and student book. Copyright 2007, Christopher West. Ascension Press
- 3 **YOU: Life, Love, and Theology of the Body.** This provides a formation for the new generation of teens. Copyright 2016 various authors, Ascension Press, 5 DVDs, Leader Guide, Participant book.
- 4 **Follow Me: Meeting Jesus in the Gospel of John.** Copyright 2016 Dr. Edward Sri, Ascension Press. Spirituality formation for adults and a guide to a personal relation with Christ. DVDs, Leader Guide, Participant Book
- 5 **Walking Toward Eternity: Making Choices for Today.** By Jeff & Emily Cavins How to overcome obstacles to spiritual growth. 8 part DVD with leader guide, journal. Ascension Press, Copyright 2012.
- 6 **MOMNIPOTENT: Finding Peace, Joy, and Balance in Your Vocation as Mother.** 8 part DVD with study guide, book, journal. By Danielle Bean Copyright 2014 Ascension Press.
- 7 **Freedom to Love,** by Christopher West. Five part study for adults presents a road map to living a life of freedom which is unselfish not selfish. DVDs plus leaders guide, and participant book. Ascension Press, Copyright 2007.